

BCM SCHOOL, CHANDIGARH ROAD, LUDHIANA

A Senior Secondary school of BCM Foundation Affiliated to CBSE, New Delhi Sec-32A, Chandigarh road, Ludhiana

www.bcmschools.org



28 May 2025



Students Excel in World's Biggest Value Education Contest by ISKCON



A moment of pride and accomplishment was witnessed as students of BCM School received certificates for securing A⁺ grades in the World's Biggest Value Education Contest organized by the International Society for Krishna Consciousness (ISKCON).

The competition, based on the profound teachings of the Bhagavad Gita, aimed to instill moral values, self-discipline, and spiritual wisdom among young learners. It witnessed enthusiastic participation from students across the globe, and the outstanding performance of BCM students reflected their deep understanding and commitment to timeless values.

The school congratulates all the achievers for their commendable performance and encourages them to continue their journey of learning rooted in values and character.





Story Dramatization Highlights Shivaji Maharaj's Legacy of Tolerance

As part of the Value of the Month: Tolerance, an impactful story dramatization session was held, focusing on the inspiring legacy of Chhatrapati Shivaji Maharaj. The session was brought to life by teachers and students through powerful performances that emphasized Shivaji's calm demeanor, wisdom, and respectful approach even during adversity.

The dramatization showcased key moments from Shivaji's life that reflected his compassionate leadership, patience, and unwavering commitment to peaceful coexistence. Through this engaging and educational activity, students were encouraged to embody the values of empathy, respect, and self-control in their daily lives.

The session successfully reinforced the message that tolerance is a strength that shapes responsible individuals and contributes to a harmonious society



<u>Book Recommendation</u>

THE UNIVERSE ALWAYS HAS A PLAN THE 10 GOLDEN RULES OF LETTING GO In this powerful work, spiritual teacher and intuitive Matt Kahn explores the 10 Golden Rules for emotional freedomdivinely curated and practical to the demands of everyday life. Infused into each rule is Matt's loving, heart-centered perspective, to help guide you through your own profound spiritual transformation.

By overcoming self-sabotage, hardship, and anger, you will find true liberation and the infinite current of unconditional love that nourishes your heart. Matt's energetically encoded mantras and exercises will enable you to jumpstart your spiritual growth and access deeper levels of ease, freedom, and joy. Unlock the Universe's plan for you and the milestones that will become the personal testimony of your life on this Earth.

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Campus Connect



Thought of the Day:

"Discipline is the bridge between goals and accomplishment." – Jim Rohn

Health Tip of the day:



Chew your food longer to eat less! Chewing each bite thoroughly (around 20–30 times) not only improves digestion but also gives your brain time to register fullness—helping prevent overeating without any extra effort.



This day in history: May 28

1937 – The Golden Gate Bridge in San Francisco, California, was officially opened to vehicular traffic.

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